



Sandra L. Siegel

August 27, 1942 - March 31, 2024

Sandra Lee Siegel, 81; professor and clinical psychologist, drug counselor; social justice and community health advocate; former flower-child and band manager; gifted gardener; passed away March 31, 2024 at home in Chicago's Edgewater neighborhood.

Sandy decided early in life that her life's mission was to help the disenfranchised. Born in Chicago, graduated from Maine West High School in Des Plaines and volunteered at Chicago State Hospital before moving to San Francisco, where she trained at the Haight-Ashbury Clinic and managed the Siegel-Schwall Band. After a decade on the road, Sandy returned to Chicago and earned her Associate's degree in nursing from Truman College. She worked as a psychiatric nurse and earned her B.A. from Northwestern and her Master's and Psy.D. in Clinical Psychology from the Adler School of Professional Psychology.

Dr. Siegel taught at The Chicago School and offered group therapy for men at Breakthrough Urban Ministries, an agency devoted to helping individuals and families affected by poverty, and mixed group therapy at Above and Beyond Family Recovery Center. She made service to community a part of her life.

Loving mother of the late Donald Arthur Olson, grandmother of Tyler and Blake Olson, sister of Jacqueline Tsevis of Park Ridge, and aunt of Alexandria

and Andreas Tsevis.

Daughter of the late Leonard Robert Bell and Ursula Charlotte Bell (nee Schueler).

Survived by dedicated and wonderful friends David Laser and Corky and Holly Siegel.

A private celebration of life is being planned.

Arrangements by Inclusive Funeral Care, 773-370-2959 or www.InclusiveFuneralCare.com.

Tribute Wall

MM

“ Some people taught counseling and others made you realize why you decided to become a counselor in the first place. Sandra inspired me to pursue my dream and did it with style, grace, and substance. She will be forever remembered.

Michael Mays - October 12, 2024 at 11:39 PM

JA

“ Johndalyn Armstrong lit a candle in memory of Sandra L. Siegel



Johndalyn Armstrong - April 14, 2024 at 03:15 PM

CE

“ Sandy was my neighbor for many years. I was impressed by her compassion, not just for people but for animals. I also appreciated her role in organizing some amazing block parties. I will miss her.

Cece - April 10, 2024 at 04:02 PM

JA

“ Thank you for EVERYTHING! Love you eternally, Johndalyn.

Johndalyn Armstrong - April 10, 2024 at 12:13 PM

LG

“ Luke Romesberg & Sharonda Giles planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Sandra L. Siegel.

Luke Romesberg & Sharonda Giles - April 09, 2024 at 05:46 PM

LG

“ *Luke Romesberg & Sharonda Giles purchased the Enchanted Cottage for the family of Sandra L. Siegel.*



Luke Romesberg & Sharonda Giles - April 09, 2024 at 05:46 PM

SH

“ *Shreya lit a candle in memory of Sandra L. Siegel*



Shreya - April 04, 2024 at 05:37 PM

SH

“ *Dr. Siegel was an amazing mentor and I was lucky to know her for the few months that I did. She was so kind and caring to everyone she encountered and always met me with a smile. She always boosted my confidence as a person and as a future counselor. She will forever be remembered.*

Shreya - April 04, 2024 at 05:36 PM